

## Course guide

# 230311 - CTFUTUR - Create Your Future: Just a Job or Your True Passion

Last modified: 25/05/2023

**Unit in charge:** Barcelona School of Telecommunications Engineering  
**Teaching unit:** 710 - EEL - Department of Electronic Engineering.

**Degree:** BACHELOR'S DEGREE IN TELECOMMUNICATIONS TECHNOLOGIES AND SERVICES ENGINEERING (Syllabus 2015). (Optional subject).  
BACHELOR'S DEGREE IN ELECTRONIC ENGINEERING AND TELECOMMUNICATION (Syllabus 2018). (Optional subject).

**Academic year:** 2023    **ECTS Credits:** 2.0    **Languages:** Catalan, Spanish

### LECTURER

**Coordinating lecturer:** Consultar aquí / See here:  
<https://telecos.upc.edu/ca/estudis/curs-actual/professorat-responsables-coordinadors/responsables-assignatura>

**Others:** Consultar aquí / See here:  
<https://telecos.upc.edu/ca/estudis/curs-actual/professorat-responsables-coordinadors/professorat-assignat-idioma>

### PRIOR SKILLS

Not necessary

### TEACHING METHODOLOGY

Dialogue with the students. Group work in class.

### LEARNING OBJECTIVES OF THE SUBJECT

Objective: Students gain awareness of the keys to personal success.

- To guide the student to discover the potential of key passions in motivation and performance.
- To Provide a space for reflection for the detection of personal passions and viewing their potential in the workplace.
- To Guide students to lead rationally and effectively the personal process of integrating his passions in his career.

### STUDY LOAD

Type	Hours	Percentage
Self study	30,0	60.00
Hours large group	20,0	40.00

**Total learning time:** 50 h

## CONTENTS

### Keys to motivation and personal success

**Description:**

Keys to motivation and personal success  
Fundamentals of neuroscience  
Search for Success: 'from outside to inside?'  
Personal success versus Social success and reputation  
Personal fullness, an option available to everyone  
Real sources of Motivation: before and after

**Full-or-part-time:** 6h

Theory classes: 2h

Self study : 4h

### Our authentic potential: Our passions

**Description:**

Developable skills in people  
Personal potential, 'where to find the best of each one?'  
Our passions: 'if they exist, what are they?'  
Environment management: critical to bring out our potential

**Full-or-part-time:** 6h

Theory classes: 4h

Self study : 2h

### Personal Passion - Professional life

**Description:**

Reconciliation Personal Passion - Professional life  
Reconciliation 2.0  
Job position: 'end in itself or medium for ?'  
"What for.. ?" solid, a promising career  
Real cases

**Full-or-part-time:** 6h

Theory classes: 4h

Self study : 2h

### Next steps

**Description:**

Your environment.  
Your contribution.  
Your career.

**Full-or-part-time:** 12h

Theory classes: 8h

Self study : 4h



## GRADING SYSTEM

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Presentation of a personal work by the student

## BIBLIOGRAPHY

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### Basic:

- Sinek, S. Start with why: how great leaders inspire everyone to take action. London: Penguin Business, 2019. ISBN 9780241958223.

## RESOURCES

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### Audiovisual material:

- Nom recurs. Resource