

# Course guide 370015 - LENTS - Ophthalmic Lenses

**Last modified:** 21/03/2024

Unit in charge: Terrassa School of Optics and Optometry

**Teaching unit:** 731 - 00 - Department of Optics and Optometry.

Degree: BACHELOR'S DEGREE IN OPTICS AND OPTOMETRY (Syllabus 2020). (Compulsory subject).

Academic year: 2023 ECTS Credits: 6.0 Languages: Catalan

#### **LECTURER**

Coordinating lecturer: JUAN ANTONIO MARTINEZ RODA https://futur.upc.edu/JuanAntonioMartinezRoda

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Lupon Bas, Marta https://futur.upc.edu/MartaLuponBas

#### **DEGREE COMPETENCES TO WHICH THE SUBJECT CONTRIBUTES**

#### Specific:

CE04. (ENG) The ability to understand the process of image formation and the properties of optical systems. The ability to understand aberrations in optical systems. The ability to understand radiometric and photometric fundamentals and laws.

CE06. (ENG) The ability to recognise the eye as an optical system. The ability to understand the basic models of vision. The ability to understand ocular models and parameters.

CE07. (ENG) The ability to understand and manage basic laboratory materials and techniques.

CE08. (ENG) The ability to understand light propagation in isotropic media, light-matter interactions, light interference, diffraction phenomena, the properties of single- and multi-layer surfaces and the principles and applications of lasers.

CE09. (ENG) The ability to understand the principles, descriptions and characteristics of basic optical instruments and the instruments used in optometric and ophthalmic practice.

CE10. (ENG) The ability to understand and calculate the most relevant geometric, optical and physical parameters that characterise the different kinds of ophthalmic lenses used in optometric prescriptions and to associate them with the properties involved in the fitting process. The ability to understand the processes of selecting, manufacturing and designing lenses. The ability to calculate the geometric parameters of particular visual compensation systems: vision loss, intraocular lenses, contact lenses and ophthalmic lenses.

# **Generical:**

CG2. Carry out each stage of visual examinations effectively: medical history, selection and implementation of diagnostic tests, establishment of a prognosis, selection and execution of treatment and, if necessary, preparation of referral reports that establish levels of collaboration with other professionals, to ensure the best possible care for the patient.

CG5. Give opinions and produce reports and expert reports when necessary.

CG6. Assess and incorporate the technological improvements necessary to properly carry out professional activities.

CG14. Demonstrate knowledge, skills and abilities in patient healthcare.

CG16. Participate effectively in both single-discipline and multidisciplinary work groups on projects related to optometry.

# Transversal:

CT4. (ENG) Teamwork. The ability to work as a member of an interdisciplinary team, as just another member or in a leadership role, who can contribute to developing projects pragmatically and with a sense of responsibility and make commitments that take into account the resources that are available.

CT5. Efficient use of informacion resources. To manage data and technical and scientific information adquisition, organization, analysis and visualization and to provide a critical appraisal of the results of this management

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# **TEACHING METHODOLOGY**

# **LEARNING OBJECTIVES OF THE SUBJECT**

- 1. Geometrically and optically characterize all types of ophthalmic lens, and know the design and manufacturing processes.
- 2. Understand the functions that glasses can have: compensation for ametropia, vergences or postural deficiencies, eye protection, or low vision aids.
- 3. Interpret the results of refractive tests to determine the prescription for glasses.
- 4. Individualize the prescription for the treatment with glasses and assess aspects such as the psycho-aesthetic, psychosocial or economic impact for the user.
- 5. Determine if the glasses comply with the UNE regulations for ophthalmic optics and eye protection.

### **STUDY LOAD**

Туре	Hours	Percentage
Self study	90,0	60.00
Hours small group	15,0	10.00
Hours medium group	45,0	30.00

Total learning time: 150 h

#### **CONTENTS**

### title english

# **Description:**

content english

## Related competencies:

CG16. Participate effectively in both single-discipline and multidisciplinary work groups on projects related to optometry.

CG5. Give opinions and produce reports and expert reports when necessary.

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Full-or-part-time: 10h 41m

Practical classes: 2h Laboratory classes: 4h Self study: 4h 41m



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content english

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Full-or-part-time: 28h 40m

Practical classes: 6h Laboratory classes: 6h Self study: 16h 40m

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Full-or-part-time: 35h 39m

Practical classes: 8h Laboratory classes: 10h Self study: 17h 39m

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Full-or-part-time: 31h 20m

Practical classes: 4h Laboratory classes: 4h Self study: 23h 20m

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**Full-or-part-time:** 9h Practical classes: 2h Laboratory classes: 2h Self study: 5h

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Full-or-part-time: 10h 40m

Practical classes: 2h Laboratory classes: 2h Self study : 6h 40m

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Full-or-part-time: 14h Practical classes: 4h Self study: 10h

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**Full-or-part-time:** 10h Practical classes: 2h Laboratory classes: 2h Self study: 6h

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### **ACTIVITIES**

# name english

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CE09. (ENG) The ability to understand the principles, descriptions and characteristics of basic optical instruments and the instruments used in optometric and ophthalmic practice.

**Full-or-part-time:** 1h 55m Laboratory classes: 0h 55m

Self study: 1h

# name english

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**Full-or-part-time:** 2h Laboratory classes: 1h

Self study: 1h



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CE09. (ENG) The ability to understand the principles, descriptions and characteristics of basic optical instruments and the instruments used in optometric and ophthalmic practice.

**Full-or-part-time:** 3h 34m Practical classes: 1h 54m Self study: 1h 40m

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**Full-or-part-time:** 5h 14m Practical classes: 1h 54m Self study: 3h 20m

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Full-or-part-time: 1h

Self study: 1h

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Full-or-part-time: 2h 35m

Self study: 2h 35m

## name english

Full-or-part-time: 0h 01m Theory classes: 0h 01m

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# **GRADING SYSTEM**

### **BIBLIOGRAPHY**

#### **Basic:**

- Caum Aregay, J. [et al.]. Tecnología óptica: lentes oftálmicas, diseño y adaptación [on line]. Barcelona: Edicions UPC, 2001 [Consultation: 09/03/2022]. Available on: <a href="http://hdl.handle.net/2099.3/36343">http://hdl.handle.net/2099.3/36343</a>. ISBN 8483014742.
- Fannin, Troy E; Grosvenor, Theodore P. Óptica clínica. 2ª ed. Barcelona: Omega, 2007. ISBN 9788428214223.
- Jalie, M. The principles of ophthalmic lenses. 4th ed. London: The Association of Dispensing Opticians, 1984. ISBN 0900099208.
- Jalie, M. Ophthalmic lenses & dispensing. 3rd ed. Oxford [etc.]: Butterworth Heinemann Elsevier, 2008. ISBN 9780750688949.
- Alonso, J.; Gómez-Pedrero, J.A.; Quiroga, J.A. Modern ophthalmic optics. United Kingdom: Cambridge University Press, 2019. ISBN 9781107110748.

# Complementary:

- Rosenthal, J. William. Spectacles and other vision aids: a history and guide to collecting. San Francisco: Norman Publishing, 1996. ISBN 0930405714.

# **RESOURCES**

#### Other resources:

- Essilor Ophthalmic Optics Notes (<a href="https://www.essiloracademy.eu/en/publications/ophthalmic-optics-files">https://www.essiloracademy.eu/en/publications/ophthalmic-optics-files</a>) /> Practice scripts.
- Problem collections.
- Videos of different themes.

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