Course guide
230311 - CTFUTUR - Create Your Future: Just a Job or Your True Passion

Unit in charge: Barcelona School of Telecommunications Engineering
Teaching unit: 710 - EEL - Department of Electronic Engineering.
Degree: BACHELOR’S DEGREE IN TELECOMMUNICATIONS TECHNOLOGIES AND SERVICES ENGINEERING (Syllabus 2015). (Optional subject).
BACHELOR’S DEGREE IN ELECTRONIC ENGINEERING AND TELECOMMUNICATION (Syllabus 2018). (Optional subject).

Academic year: 2022 ECTS Credits: 2.0 Languages: Catalan, Spanish

LECTURER

Coordinating lecturer: Consultar aquí / See here:
https://telecos.upc.edu/ca/estudis/curs-actual/professorat-responsables-coordinadors/responsables-assignatura

Others: Consultar aquí / See here:
https://telecos.upc.edu/ca/estudis/curs-actual/professorat-responsables-coordinadors/professorat-assignat-idioma

PRIOR SKILLS

Not necessary

TEACHING METHODOLOGY

Dialogue with the students. Group work in class.

LEARNING OBJECTIVES OF THE SUBJECT

Objective: Students gain awareness of the keys to personal success.
- To guide the student to discover the potential of key passions in motivation and performance.
- To Provide a space for reflection for the detection of personal passions and viewing their potential in the workplace.
- To Guide students to lead rationally and effectively the personal process of integrating his passions in his career.

STUDY LOAD

<table>
<thead>
<tr>
<th>Type</th>
<th>Hours</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Self study</td>
<td>30,0</td>
<td>60.00</td>
</tr>
<tr>
<td>Hours large group</td>
<td>20,0</td>
<td>40.00</td>
</tr>
</tbody>
</table>

Total learning time: 50 h
# CONTENTS

## Keys to motivation and personal success

**Description:**
- Keys to motivation and personal success
- Fundamentals of neuroscience
- Search for Success: 'from outside to inside?'
- Personal success versus Social success and reputation
- Personal fullness, an option available to everyone
- Real sources of Motivation: before and after

**Full-or-part-time:** 6h
- Theory classes: 2h
- Self study: 4h

## Our authentic potential: Our passions

**Description:**
- Developable skills in people
- Personal potential, 'where to find the best of each one?'
- Our passions: 'if they exist, what are they?'
- Environment management: critical to bring out our potential

**Full-or-part-time:** 6h
- Theory classes: 4h
- Self study: 2h

## Personal Passion - Professional life

**Description:**
- Reconciliation Personal Passion - Professional life
- Reconciliation 2.0
- Job position: 'end in itself or medium for ?'
- "What for.. ?" solid, a promising career
- Real cases

**Full-or-part-time:** 6h
- Theory classes: 4h
- Self study: 2h

## Next steps

**Description:**
- Your environment.
- Your contribution.
- Your career.

**Full-or-part-time:** 12h
- Theory classes: 8h
- Self study: 4h
GRADING SYSTEM

Presentation of a personal work by the student

BIBLIOGRAPHY

Basic:

RESOURCES

Audiovisual material:
- Nom recurs. Resource