Course guides
230311 - CTFUTUR - Create Your Future: Just a Job or Your True Passion

Unit in charge: Barcelona School of Telecommunications Engineering
Teaching unit: 710 - EEL - Department of Electronic Engineering.

Degree: BACHELOR’S DEGREE IN AUDIOVISUAL SYSTEMS ENGINEERING (Syllabus 2009). (Optional subject).
BACHELOR’S DEGREE IN ELECTRONIC SYSTEMS ENGINEERING (Syllabus 2009). (Optional subject).
BACHELOR’S DEGREE IN NETWORK ENGINEERING (Syllabus 2010). (Optional subject).
BACHELOR’S DEGREE IN TELECOMMUNICATIONS SCIENCE AND TECHNOLOGY (Syllabus 2010). (Optional subject).
BACHELOR’S DEGREE IN TELECOMMUNICATIONS SYSTEMS ENGINEERING (Syllabus 2010). (Optional subject).
BACHELOR’S DEGREE IN TELECOMMUNICATIONS TECHNOLOGIES AND SERVICES ENGINEERING (Syllabus 2015). (Optional subject).
BACHELOR’S DEGREE IN ELECTRONIC ENGINEERING AND TELECOMMUNICATION (Syllabus 2018). (Optional subject).

Academic year: 2021  ECTS Credits: 2.0  Languages: Catalan, Spanish

LECTURER

Coordinating lecturer: Eva Vidal López
Others: Eva Vidal López

TEACHING METHODOLOGY

- 

LEARNING OBJECTIVES OF THE SUBJECT

Objective: Students gain awareness of the keys to personal success.
- To guide the student to discover the potential of key passions in motivation and performance.
- To Provide a space for reflection for the detection of personal passions and viewing their potential in the workplace.
- To Guide students to lead rationally and effectively the personal process of integrating his passions in his career.

STUDY LOAD

<table>
<thead>
<tr>
<th>Type</th>
<th>Hours</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Self study</td>
<td>30,0</td>
<td>60.00</td>
</tr>
<tr>
<td>Hours large group</td>
<td>20,0</td>
<td>40.00</td>
</tr>
</tbody>
</table>

Total learning time: 50 h
# Keys to motivation and personal success

**Description:**
- Keys to motivation and personal success
- Fundamentals of neuroscience
- Search for Success: 'from outside to inside?
- Personal success versus Social success and reputation
- Personal fullness, an option available to everyone
- Real sources of Motivation: before and after

**Full-or-part-time:** 6h  
Theory classes: 2h  
Self study : 4h

# Our authentic potential: Our passions

**Description:**
- Developable skills in people
- Personal potential, 'where to find the best of each one?'
- Our passions: 'if they exist, what are they?'
- Environment management: critical to bring out our potential

**Full-or-part-time:** 6h  
Theory classes: 4h  
Self study : 2h

# Personal Passion - Professional life

**Description:**
- Reconciliation Personal Passion - Professional life
- Reconciliation 2.0
- Job position: 'end in itself or medium for ?'
- "What for.. ?" solid, a promising career
- Real cases

**Full-or-part-time:** 6h  
Theory classes: 4h  
Self study : 2h

# Next steps

**Description:**
- Your environment.  
- Your contribution.  
- Your career.

**Full-or-part-time:** 12h  
Theory classes: 8h  
Self study : 4h
GRADING SYSTEM

Presentation of a personal work by the student

RESOURCES

Audiovisual material:
- Nom recurs. Resource