Degree competences to which the subject contributes

Transversal:
1. SELF-DIRECTED LEARNING - Level 3. Applying the knowledge gained in completing a task according to its relevance and importance. Deciding how to carry out a task, the amount of time to be devoted to it and the most suitable information sources.
2. EFFICIENT ORAL AND WRITTEN COMMUNICATION. Communicating verbally and in writing about learning outcomes, thought-building and decision-making. Taking part in debates about issues related to the own field of specialization.
3. TEAMWORK - Level 3. Managing and making work groups effective. Resolving possible conflicts, valuing working with others, assessing the effectiveness of a team and presenting the final results.
4. EFFECTIVE USE OF INFORMATION RESOURCES - Level 3. Planning and using the information necessary for an academic assignment (a final thesis, for example) based on a critical appraisal of the information resources used.

Teaching methodology

The course consists of one hour a week of classes in a classroom and 3 hours a week in the computer room.
Sessions where content will be exposed and exercises will be solved.
Sessions where practical activities will be done.
To do exercises, research and analysis of some information.
To prepare evaluated group activities.

Learning objectives of the subject

At the end of the course, students should be able to:
- Provide knowledge that enables the application of ergonomics in industrial design.
- Know and understand the fundamental principles of ergonomic design and implementation of new products and redesign existing ones.
- Know and understand the issues that determine the viability of a product (function and use).
- Know and understand the social and economic aspects in a society;
- To communicate orally and in writing with others about results, to make decisions, participate in discussions
- Ability to work as a team member, pragmatically and responsibly, assuming commitments in accordance with available resources.
- To managing the acquisition, structure, analysis and visualization of data and information.
- Detecting gaps in one's knowledge and overcoming them through critical thinking and choosing the best path for extend this knowledge.
### Study load

<table>
<thead>
<tr>
<th>Total learning time: 150h</th>
<th>Hours large group:</th>
<th>15h</th>
<th>10.00%</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Hours medium group:</td>
<td>0h</td>
<td>0.00%</td>
</tr>
<tr>
<td></td>
<td>Hours small group:</td>
<td>45h</td>
<td>30.00%</td>
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<tr>
<td></td>
<td>Guided activities:</td>
<td>6h</td>
<td>4.00%</td>
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<tr>
<td></td>
<td>Self study:</td>
<td>84h</td>
<td>56.00%</td>
</tr>
</tbody>
</table>
## Content

| TOPIC 1: Introduction to ergonomics | Learning time: 1h  
Theory classes: 1h |
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Description:</strong></td>
<td></td>
</tr>
<tr>
<td>· Man / machine / product / environment</td>
<td></td>
</tr>
<tr>
<td>· Ergonomic Actions</td>
<td></td>
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</tbody>
</table>

| TOPIC 2: Ergonomics in the design process | Learning time: 1h  
Theory classes: 1h |
<table>
<thead>
<tr>
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</thead>
<tbody>
<tr>
<td><strong>Description:</strong></td>
<td></td>
</tr>
<tr>
<td>· Objectives</td>
<td></td>
</tr>
<tr>
<td>· Basics principles</td>
<td></td>
</tr>
<tr>
<td>· Parameters involved</td>
<td></td>
</tr>
<tr>
<td>· Related Sciences</td>
<td></td>
</tr>
</tbody>
</table>

| TOPIC 3: Anthropometry, application anthropometry | Learning time: 3h  
Theory classes: 3h |
<table>
<thead>
<tr>
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</thead>
<tbody>
<tr>
<td><strong>Description:</strong></td>
<td></td>
</tr>
<tr>
<td>· Objective.</td>
<td></td>
</tr>
<tr>
<td>· Basic Principles</td>
<td></td>
</tr>
<tr>
<td>· Anthropometric Measurements</td>
<td></td>
</tr>
<tr>
<td>· Factors, distribution percentiles</td>
<td></td>
</tr>
<tr>
<td>· Statistical Tables</td>
<td></td>
</tr>
<tr>
<td>· Early application anthropometric</td>
<td></td>
</tr>
</tbody>
</table>

| TOPIC 4: Biomechanics. Criteria for Biomechanical design | Learning time: 2h  
Theory classes: 2h |
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Description:</strong></td>
<td></td>
</tr>
<tr>
<td>· Objective.</td>
<td></td>
</tr>
<tr>
<td>· Human body as a biomechanical system.</td>
<td></td>
</tr>
<tr>
<td>· Limit and comfortable angles</td>
<td></td>
</tr>
</tbody>
</table>
### TOPIC 5: Postural Analysis  
**Learning time:** 1h  
**Theory classes:** 1h

**Description:**  
- Postural assessment methods.  
- Evaluation of strength and support.  
- Evaluation of activity.

### TOPIC 6: Design of Space  
**Learning time:** 1h  
**Theory classes:** 1h

**Description:**  
- Objectives  
- Design process.  
- Position  
- Height.  
- Area stats  
- Viewing area

### TOPIC 7: Design of tools and commands  
**Learning time:** 2h  
**Theory classes:** 2h

**Description:**  
- Comfort user-task-tool  
- Tools. Grip and neutral position  
- Communication-user product. Interaction  
- Interface design  
- Signs, displays and controls

### TOPIC 8: Environmental aspects: light.  
**Learning time:** 2h  
**Theory classes:** 2h

**Description:**  
- Lighting. Parameters  
- Light sources  
- Lighting design workspace  
- Psychology
Continuous evaluation model will be applied in order to evaluate both self-employment and teamwork. The Final mark is:
NF = 0.25Theroy + 0.25Work + 0.40 Project + 0.10Presentation
- Theory: Controls and exams.
- Work: Activities (cases, problems,).
- Project: Preparation of project progress.
- Presentation: Oral presentation of the completed project.
For those students who meet the requirements and submit to the reevaluation examination, the grade of the reevaluation exam will replace the grades of all the on-site written evaluation acts (tests, midterm and final exams) and the grades obtained during the course for lab practices, works, projects and presentations will be kept. If the final grade after reevaluation is lower than 5.0, it will replace the initial one only if it is higher. If the final grade after reevaluation is greater or equal to 5.0, the final grade of the subject will be pass 5.0.

Regulations for carrying out activities

1. Classes will be theoretical and practical.
2. The contents will be taught both in theoretical and practical classes.
3. There will be practical activities and a project during the entire course.
4. The delivery of all the exercises and class attendance are indispensable for evaluation of the subject.
5. The exercises will take place in class and as independent work practices, under the supervision of teachers.
6. The work unsupervised by teachers during class will not be evaluated.

Bibliography