



Course guides

240806 - 240806 - Workplace Psychosociology I

Last modified: 02/04/2020

Unit in charge: Barcelona School of Building Construction
Teaching unit: 1004 - UB - (ENG)Universitat de Barcelona.

Degree: MASTER'S DEGREE IN OCCUPATIONAL HEALTH AND SAFETY (Syllabus 2010). (Compulsory subject).
MASTER'S DEGREE IN OCCUPATIONAL HEALTH AND SAFETY (Syllabus 2016). (Compulsory subject).

Academic year: 2020 **ECTS Credits:** 3.0 **Languages:** Spanish

LECTURER

Coordinating lecturer: Ines Dalmau Pons

Others:

DEGREE COMPETENCES TO WHICH THE SUBJECT CONTRIBUTES

Specific:

1. Identify and recognise detection techniques of psychosocial problems and develop intervention plans in front of ill organizations, and recognise the minimum required ergonomic requirements in manual tools.
2. Obtain the capacity to prevent and detect psicosocial problems, adapt the job and coordinate with the medical services to analyse these cases.
3. Be able to analyse the main health problems related to work.
4. Be able to distinguish between labour accidents, professional diseases and diseases related to work.
5. Be able to promote conducts, habits, consumption and health life styles, with the active participation of the workers as main role of the own health. Be able to promote the preventing culture within the company and the creation of health environments.

TEACHING METHODOLOGY

LEARNING OBJECTIVES OF THE SUBJECT

STUDY LOAD

Type	Hours	Percentage
Hours large group	27,0	36.00
Self study	48,0	64.00

Total learning time: 75 h

CONTENTS

(ENG) INTRODUCCIÓ A LA PSICOSOCIOLOGIA

Full-or-part-time: 5h
Theory classes: 3h
Self study : 2h



(ENG) FACTORS DE NATURA PSICOSOCIAL

Full-or-part-time: 15h
Theory classes: 11h
Self study : 4h

(ENG) FACTORS HUMANS

Full-or-part-time: 10h
Theory classes: 10h

(ENG) CONSEQÜÈNCIES DELS FACTORS PSICOSOCIALS

Full-or-part-time: 15h
Theory classes: 10h
Self study : 5h

(ENG) MÈTODES D'AVUACIÓ

Full-or-part-time: 15h
Theory classes: 13h
Self study : 2h

(ENG) INTERVENCIÓ PSICOSOCIAL

Full-or-part-time: 10h
Theory classes: 10h

GRADING SYSTEM

BIBLIOGRAPHY

Basic:

- Nogareda Cuixart, Clotilde. Psicología del trabajo. Barcelona: Instituto Nacional de Seguridad e Higiene en el Trabajo, 1995. ISBN 8474254191.

Complementary:

- Cuenca Álvarez, Rosa. Introducción a la prevención de riesgos laborales de origen psicosocial. Madrid: Instituto Nacional de Seguridad e Higiene en el Trabajo, DL 1996. ISBN 8474254523.
- Hoyo Delgado, María Ángeles del. Estrés laboral. Madrid: Instituto Nacional de Seguridad e Higiene en el Trabajo, 1997. ISBN 8474254744.
- Donnelly, James H; Gibson, James L; Ivancevich, John M. Fundamentos de dirección y administración de empresas. 8a ed. Santafé de Bogotá: McGraw-Hill : Irwin, 1997. ISBN 8480861878.
- Ferrer Puig, Ramon; Dalmau Pons, Ines; Guàrdia Olmos, Joan; Renom Pinsach, Jordi. Tècniques d'ergonomia. Barcelona: EUB, 1997. ISBN 8489829012.
- Gibson, James L; Ivancevich, John M; Donnelly, James H. Las Organizaciones : comportamiento, estructura, procesos. 10ª ed. Santiago: Mc Graw-Hill : IRWIN, cop. 2001. ISBN 9789562781589.
- Peiró, José Ma; Prieto, Fernando. Tratado de psicología del trabajo. Madrid: Síntesis, DL 1996. ISBN 8477384347.



- Pérez Bilbao, Jesús. Mobbing, violencia física y acoso sexual : riesgos derivados de las relaciones interpersonales en el trabajo. Madrid: Instituto Nacional de Seguridad e Higiene en el Trabajo, DL 2001. ISBN 8474255805.