240817 - Workplace Psychosociology II

Coordinating unit: 310 - EPSEB - Barcelona School of Building Construction
Teaching unit: 1004 - UB - (ENG)Universitat de Barcelona
Academic year: 2018
Degree: MASTER'S DEGREE IN OCCUPATIONAL HEALTH AND SAFETY (Syllabus 2010). (Teaching unit Compulsory)
MASTER'S DEGREE IN OCCUPATIONAL HEALTH AND SAFETY (Syllabus 2016). (Teaching unit Compulsory)
ECTS credits: 6 Teaching languages: Spanish

Teaching staff
Coordinator: Ines Dalmau Pons
Others: Miquel Mira

Degree competences to which the subject contributes

Specific:
1. Know the relation between occupational and health safeties.
2. Identify and recognise detection techniques of psychosocial problems and develop intervention plans in front of ill organizations, and recognise the minimum required ergonomic requirements in manual tools.
3. Obtain the capacity to prevent and detect psicosocial problems, adapt the job and coordinate with the medical services to analyse these cases.
4. Know to develop emergency and security plans, make training and information plans assigned to workers, including the detection of needs and establish the evaluating systems and monitoring measures, lay out corrective measures in front of risks of chemical nature, physical or biological; carry out risk evaluations and set out corrective measures related to the physical and mental load at work; make the epidemiologic study design to identify risk factors of occupational nature, apply its basics and manipulation and applications of the main chemical analysis techniques in the hygienic world.
5. Be able to analyse the main health problems related to work.
6. Be able to promote conduct, habits, consumption and health life styles, with the active participation of the workers as main role of the own health. Be able to promote the preventing culture within the company and the creation of health environments.

Learning objectives of the subject
### Study load

<table>
<thead>
<tr>
<th>Total learning time: 150h</th>
<th>Hours large group:</th>
<th>54h</th>
<th>36.00%</th>
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<tbody>
<tr>
<td></td>
<td>Self study:</td>
<td>96h</td>
<td>64.00%</td>
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### Content

#### (ENG) - FACTORES DE RIESGO PSICOSOCIAL
- Learning time: 0h
- Theory classes: 0h

#### (ENG) - CARGA MENTAL
- Learning time: 0h
- Theory classes: 0h

#### (ENG) - MÉTODOS DE EVALUACIÓN II
- Learning time: 0h
- Theory classes: 0h

#### (ENG) - CONSECUENCIAS SOBRE LA SALUD
- Learning time: 0h
- Theory classes: 0h

#### (ENG) - INTERVENCIÓN PSICOSOCIAL
- Learning time: 0h
- Theory classes: 0h
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Bibliography

Basic:


Psicosociología del trabajo [Recurs electrònic]: Guia del monitor [on line]. Madrid: INSHT, 2012 [Consultation: 21/03/2014]. Available on: <http://www.insht.es/portal/site/Insht/menuitem.1f1a3bc79ab34c578c2e8884060961ca/?vgnextoid=ebba4a5a8ea38110VgnVCM1000000705350aRCRD&vgnextchannel=a90aaf27aa652110VgnVCM100000dc0ca8c0RCRD#>.


Others resources: