1. Terms and conditions

- Any person may become a member if they pay the corresponding fee, which will depend on the group that they belong to within the University.
- Membership fees must be paid in a single yearly payment or in two instalments, one each semester. Fees must be paid on registration and will not be refunded if membership is cancelled.
- Membership is restricted to those over 14. All minors aged between 14 and 16 must hand in a signed parental authorisation form provided by the centre.
- Members must present their ID card or UPC card at the reception desk to gain access to the sports facilities.
- Members must take proper care of the facilities and equipment and behave appropriately. Management may temporarily or permanently withdraw a member’s card if they fail to behave appropriately or have violated the rules in force.
- The sports centre is not responsible for lost or forgotten property. Lost property is kept in reception for a maximum of two weeks.
- Noticeboards, the website and e-mail are the fastest and most direct means used by the sports centre and Sports Service to communicate with users and members. We recommend that you check these frequently.
- Members can send us their opinions using the contact form on the Sports Service’s website or by writing to info.esports@upc.edu.
- Forms for submitting complaints and suggestions or expressing your appreciation are available at the reception desk.
- The UPC Sports Service shall not be liable for any accidents or injuries that may occur as a result of failure to comply with these rules and/or due to improper use of the facilities.

2. Insurance

Physical exercise and sports can involve a risk and we therefore recommend that you have a medical check-up before taking part in activities in these facilities. Being unaware of your state of health, and therefore inadequately planning your exercise, may lead to accidents or injuries.

In the case of an accident, you will need to have (or prove that you have) one of the following types of insurance coverage, which will depend on your type of membership.

- **UPC students aged under 28** are covered by compulsory student insurance from the moment they enrol at their school. This insurance covers any accidents they may have while they are engaging in physical activity in these facilities. If there is an accident, medical care is provided at the health centres of the student insurance company. If students receive medical attention at a centre that does not belong to this company’s network they may ask to be reimbursed in accordance with the regulations governing student insurance. Click on the following link for information on student insurance: [http://www.upc.edu/esports/serveis/assegurances/escolar](http://www.upc.edu/esports/serveis/assegurances/escolar).

- **UPC students aged over 28** are not covered by compulsory student insurance and must therefore prove that they have their own accident insurance policy (whether public or private) when they apply for membership. See voluntary accident insurance.

- **Administrative, teaching and research staff at the UPC** are covered by the national health system in the case of an accident.

- **Students, administrative, teaching and research staff from other universities, relatives and other members who are not UPC employees** must prove that they are covered by an insurance policy (whether public or private) when they apply for membership.

**Voluntary accident insurance:** to ensure that all users of our facilities are covered by insurance, the Sports Service offers voluntary accident and health insurance at a discount. Information is available at the offices of the Sports Service and on the following webpages: [http://www.upc.edu/esports/serveis/assegurances/accident](http://www.upc.edu/esports/serveis/assegurances/accident), which targets students aged over 28.
Accepting these regulations implies that members are aware that they must be covered by insurance or be able to prove that they are. Students aged over 28 or those who are not part of the UPC community must be especially aware of their obligation to have a public or private insurance policy, which must be kept up throughout the term of the membership to ensure that any accidents arising from the practice of sports at UPC facilities are covered.

RULES FOR USING THE FACILITIES

3. General conditions

- Users must wear appropriate sports clothing and footwear. Black-soled shoes are not permitted.
- If you suffer from any health condition that may affect your ability to engage in exercise, you should inform the instructor to prevent accidents and injuries due to inappropriate exercise.
- With the exception of water, no food or drink may be brought into the facilities. Water fountains are available to users of the facilities.
- Personal items (bags, helmets, street clothing, etc.) may not be left in fitness rooms, gyms or playing areas. Day lockers are provided for short-term use.
- All equipment must be returned to its proper place after use.
- It is highly advisable to stretch before and particularly after engaging in any sports activity.
- Users should ensure that they are properly hydrated before, during and after exercise.
- Smoking is strictly prohibited at the facilities.
- For hygiene reasons and in consideration of other users, members must use a towel when they are using exercise equipment.
- Weights must be removed from weight bars and stored in their proper place after use.
- Exercise equipment and weights must be used correctly. (Consult the instructor if you have any questions.)
- If you wish to follow a training regime and obtain the results or benefits expected, ask the instructor for advice.

4. Multi-sport playing surface

- All members, whether they belong to the UPC or not, may use the multi-sport playing surface.
- It must be booked in person at the gym's reception desk during office hours. Members will be lent a ball that must be returned in good condition when the session ends.
- A deposit must be paid to book the court. This deposit is deducted when the definitive payment is made.
- The definitive payment must be made when the court is booked or before the start of the session.
- Members may use their own equipment provided they respect the facilities.
- If the court is transferred or rented out to other people or groups for non-sports activities not organised by the Sports Service, the Sports Service shall not be liable for any accidents and it may claim for any damages or defects that occur.

5. Table tennis

- The table may be used during opening hours without pre-booking if it is free.
- It can be used exclusively by members, except in the case of competitions.
- Competition matches take priority over ordinary use.
- Players must wear sports clothing and footwear.
- Rackets and balls can be lent to members if necessary.
- Proper care should be taken when loaned equipment is used. If staff observe that equipment has been intentionally damaged or taken from the facilities, the person(s) responsible may be asked to pay the full replacement cost.
- Groups for non-sports activities not organised by the Sports Service, the Sports Service shall not be liable for any accidents and it may claim for any damages or defects that occur.
RULES FOR LOCKERS

6. Day lockers for short-term use

- The facility shall not be liable for the disappearance, loss or theft of items left in the changing rooms. Lockers should be locked.
- Lockers are for short-term use and must be left empty by members when they leave the sports centre or gym.
- Every day, when the facilities close, a member of staff empties all the lockers and any items found are classed as lost property. The person who has left the items behind must come and collect them within two weeks.
- The key must not be removed from the changing rooms and/or gym.
- If members lose a locker key they must inform staff at the reception desk and pay for a copy.

7. Locker rental

- One key will be provided for each locker; no copies may be made.
- Any member who wishes to rent a locker must pay the applicable rental fee. Lockers are assigned automatically at the start of each academic year; they must therefore be left empty at the end of the academic year, in July. If belongings are not removed within 10 days, the locker will be emptied and items will be kept for a maximum of 10 additional days.
- If members lose a locker key they must inform staff at the reception desk and pay for a copy.
- The facility shall not be liable for the disappearance, loss or theft of items left in the changing rooms. Lockers should be locked.
- Perishable or inflammable products may not be left in lockers.
- To avoid unpleasant odours, we recommend that users do not leave damp clothes or sports shoes in lockers.
- The facility may withdraw the locker assignment if a member uses their locker in an inappropriate manner or fails to comply with these rules.

DATA PROTECTION AND IMAGE RIGHTS

8. Data protection

- REGULATION (EU) 2016/679 OF THE EUROPEAN PARLIAMENT AND THE COUNCIL of April 27, 2016 relative at the protection of the physical persons regarding the treatment of personal data and at the free circulation of these data and for which repeals the Director 95/46/CE (general Regulation of protection of data).
- More information on protection of data at www.upc.edu/esports/proteccio-dades.

9. Image rights

- By signing this document you are authorising the UPC to use your image to disseminate, publish and promote the activities organised by the UPC Sports Service via photographs, posters, videos, webpages, Facebook and other media.
- Even so, you can expressly communicate the right not to use your image, sending a letter to the address info.esports@upc.edu and verbally communicate it, whenever a capture of your image (photographs) is made.