



Erasmus+

# Participant Report Form – Call 2018 – KA1 – Learning Mobility of Individuals – Student mobility for studies in higher education

Fields marked with \* are mandatory.

Document code: EP-KA1-HE-Studies-2018

## 1 Purpose of the participant report

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This final report on your mobility experience will provide the EU's Erasmus+ Programme with valuable information which will benefit both future participants and contribute to the continued improvement of the programme. We are grateful for your co-operation in filling out the questionnaire.

All personal data mentioned in this form will be processed in accordance with Regulation (EC) No 45 /2001 of the European Parliament and of the Council of 18 December 2000 on the protection of individuals with regard to the processing of personal data by the European Union institutions and bodies and on the free movement of such data. This report, once submitted, will be accessible to the coordinating institutions, their national agencies and the European Commission. More details in [Specific Privacy statement](#).

**Please make sure you have the information of your Learning Agreement, Grant Agreement and Transcript of Records (if applicable) with you BEFORE you start filling in this report.**

The term "course" used in this participant report should be understood as meaning the more general term "educational component" used in the Learning Agreement.

## 2 Identification of the Participant and General Information

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### \* 2.1 First and last name:

See section "Publication and Usage Rights of the Information and of the Email Address" at the end of this questionnaire concerning usage of the personal information.

### 2.2 Mobility start date

The date on which your mobility activity started, provided for information only. Should this date be incorrect, please contact the person responsible for management of your mobility to correct this date.

01/09/2018

### 2.3 Mobility end date

The date on which your mobility activity ended, provided for information only. Should this date be incorrect, please contact the person responsible for management of your mobility to correct this date.

22/12/2018

### \* 2.4 Email address, where I can be contacted in the future

See section "Publication and Usage Rights of the Information and of the Email Address" at the end of this questionnaire concerning usage of the personal information.

Please correct this email address if necessary.

### \* 2.5 Was the mobility period abroad a mandatory part of your curriculum?

- Yes  
 No

### \* 2.6 What were your main motivations for studying abroad?

Multiple answers are possible.

- To experience different learning contents/curricula
- To learn/improve a foreign language
- To develop soft skills, such as adaptability, problem solving, curiosity, etc.
- To enhance my future employability in my home country
- To enhance my future employability abroad
- To experience different learning and teaching practices
- To follow a study programme in a foreign language
- To live abroad and to meet new people
- To gain knowledge of another country
- To build up a personal and professional network

### \* 2.7 What were your additional motivational factors for studying abroad?

Multiple answers are possible.

- The length of the study period abroad was appropriate
- The possibility to receive an Erasmus+ grant
- The quality of the receiving institution
- A good alignment of the courses abroad with the curriculum at the sending institution
- Available support in finding accommodation

### \* 2.8 How did you find out about the possibility to study abroad with the Erasmus+ Programme?

Multiple answers are possible.

- Website of the sending institution
- Academic staff at the sending institution
- Administrative staff at the sending institution
- Fellow students

- Friends
- Erasmus+ Student and Alumni Association
- Online search
- Information event

\* 2.9 Are you planning to take part in Erasmus+ mobility again?

- Yes
- No
- Undecided

### 3 Overall Satisfaction

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\* 3.1 How satisfied are you with your Erasmus+ mobility experience in general?

- Very satisfied
- Rather satisfied
- Neither satisfied nor dissatisfied
- Rather dissatisfied
- Very dissatisfied

\* 3.2 Would you recommend this experience to another student?

- Yes
- No

### 4 Quality of Studies

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4.1 Were you satisfied with the quality of learning and teaching at the receiving institution?

	Very satisfied	Rather satisfied	Neither satisfied nor dissatisfied	Rather dissatisfied	Very dissatisfied	Not applicable
* The quality of content of courses	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* The quality of teaching methods	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
* The degree of learning support received	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

\* 4.2 Did you gain knowledge and skills that you would not have gained in your sending institution?

- Yes
- No
- I don't know

4.3 What were the criteria for you to choose your receiving institution?

	Very Important	Important	No opinion	Less important	Not important
* Learning offer	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Reputation/rankings	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Facilities and services for international students	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Feedback from Erasmus+ alumni	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Language	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Country	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* City and culture	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Social life	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## 5 Academic Recognition

\* 5.1 Was your Learning Agreement signed by all parties before the start of the mobility?

Learning Agreement: a binding agreement between the student, the sending and the receiving institution, including a group of educational components that the student needs to complete at the receiving institution and that will be recognised by the sending institution upon his/her return from the mobility period

- Yes, all parties signed it before the start
- No, some parties signed it after the start
- The learning agreement was never signed

\* 5.3 Was your Learning Agreement changed during your mobility period?

- Yes
- No

\* 5.4 If yes, why was it changed?

Multiple answers are possible.

- I extended my stay abroad
- The courses I selected initially were not available
- The courses I selected initially were in a different language than foreseen in the course catalogue or the language was not specified in the course catalogue
- I decided to change the courses initially selected
- The receiving institution required some changes

- Conflicts in the timetable
- Other

\*5.6 Did you manage to agree on the changes with the sending and receiving institutions within seven weeks from the start of the semester?

- Yes
- No

\*5.7 Did you successfully complete all the educational components at the Receiving Institution as specified in the final version of the Learning Agreement (Table A and, if applicable, A2 of the official template)?

- Yes
- No

\*5.10 Is the recognition process for your mobility period finalised?

- Yes, the process is finalised
- No, the recognition process is still on-going

**As the process of recognition is still ongoing, you will receive a complementary survey report specifically about the recognition process. It will be sent to you 45 days after the end of your mobility.**

\*5.22 Did the sending institution make the information available on how the grades awarded at the receiving institution would be converted upon return to your sending institution?

- Yes, before the mobility
- Yes, upon return
- No
- I have not checked

5.23 Do you think the grade conversion by the sending institution of the grades obtained at the receiving institution was...

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree	Not applicable
* Transparent	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Objective	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Fair	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

\*5.24 Did you receive or do you expect to receive the Transcript of Records (Table C of the official template or equivalent) from the receiving institution within five weeks after publication/proclamation of your results at the receiving institution?

- Yes
- No

## 6 Foreign Language Skills and Linguistic Support

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\* 6.1 What was the main language used by your professors?

English

\* 6.3 Do you feel you have improved your skills in this language during your stay abroad?

- Yes  
 No, I was already fluent  
 No

\* 6.4 Did you take advantage of any linguistic support in learning this main teaching language?

- Yes  
 No

\* 6.5 What kind of support did you receive?

Multiple answers are possible.

- Erasmus+ Online Linguistic Support (OLS)  
 Language course/training provided by the sending institution  
 Language course/training provided by the receiving institution  
 Financial support to carry out a self-study (DVD, books)  
 Other

6.6 If other, please specify

Private English academy

\* 6.9 For how long did you receive linguistic support in total?

- Less than 1 week  
 Between 1 week and 3 weeks  
 Between 3 weeks and 2 months  
 Between 2 and 6 months  
 More than 6 months

\* 6.10 Approximately, for how many hours in total?

- Less than 10 hours  
 Between 10 and 30 hours  
 Between 30 and 50 hours  
 More than 50 hours

\* 6.13 While staying abroad, did you improve your competence in other languages besides the main one used?

- Yes
- No

## 7 Personal Development

### 7.1 Through my stay abroad with Erasmus+, I learned better how to...

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
* think logically and draw conclusions (analytical skills)	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
* find solutions in difficult or challenging contexts (problem-solving skills)	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* plan and carry out my learning independently	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* use the internet, social media and PCs , e.g. for my studies, work and personal activities	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* develop an idea and put it into practice	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* see the value of different cultures	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* cooperate in teams	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* plan and organise tasks and activities	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
* express myself creatively	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

### 7.2 After having taken part in this mobility activity...

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
* I am more confident and convinced of my abilities	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I know better my strengths and weaknesses	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more able to adapt to and act in new situations	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more able to think and analyse information critically	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

* I am more tolerant towards other persons' values and behaviour	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more open-minded and curious about new challenges	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I intend to participate more actively in social and political life of my community	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more interested in knowing what happens in the world daily	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more able to reach decisions	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more able to cooperate with people from other backgrounds and cultures	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more interested in European topics	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I feel more European	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am more aware of social and political concepts like democracy, justice, equality, citizenship, civil rights	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I have increased my sector- or field-specific skills	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## 8 Future Prospects of Education, Training and Work

### 8.1 Thanks to this stay abroad with Erasmus+...

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
* I believe that my chances to get a new or better job have increased	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I have a clearer idea about my professional career aspirations and goals	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I have better opportunities for traineeships or student jobs in my home country	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I am better capable of taking over work tasks with high responsibility after my stay abroad	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>

### 8.2 How has the stay abroad changed the way you see your future work?

	Strongly agree	Rather agree	Neither agree nor disagree	Rather disagree	Strongly disagree
* I can easily imagine working abroad at some point in the future	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
* I can easily imagine working in the country where I did my Erasmus+ period in the future	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
* I would like to work in an international context	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

\* 8.3 Did you participate in any activity during your stay abroad that has led to an innovative product or discovery?

- Yes
- No
- I don't know

## 9 Practical and Organisational Arrangements

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\* 9.1 Was the selection procedure at your sending institution fair and transparent?

- Yes
- No
- Unable to judge

9.2 How satisfied were you with the support provided by your sending institution?

	Very satisfied	Rather satisfied	Neither satisfied nor dissatisfied	Rather dissatisfied	Very dissatisfied	Not applicable
* Administrative support arrangement	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Academic mentoring	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Support from student initiatives /organisations	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Help with personal needs and problems	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

### \*9.3 Was the receiving institution's course catalogue...

**Course catalogue:** regular guide for all students attending the institution, including information about the qualifications offered, the teaching, learning and assessment procedures, the level of programmes, the single educational components and the learning resources available to students

**Learning Agreement:** a binding agreement between the student, the sending and the receiving institution, including a list of courses that the student needs to complete at the receiving institution and that will be recognised by the sending institution upon his/her return from the mobility period

**ECTS** – European Credit Transfer and Accumulation System

Multiple answers are possible.

- ECTS-based?
- Published on the website of the receiving institution?
- Complete? (all needed information to make your choices was available, including language of instruction and grade distribution)
- Up to date? (there were no changes in the courses you had chosen during your stay in the receiving institution)
- Available in time to prepare your Learning Agreement?
- Available in a widely spoken international language?

9.4 How satisfied were you with the support arrangements provided by your receiving institution?

	Very satisfied	Rather satisfied	Neither satisfied nor dissatisfied	Rather dissatisfied	Very dissatisfied	Not applicable
* Administrative support arrangement	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Academic mentoring	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Support from student initiatives /organisations	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* Help with personal needs and problems	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

\*9.5 Did you require a visa in order to participate in this mobility?

Yes

No

9.7 How satisfied were you with assistance related to insurance issues?

	Very satisfied	Rather satisfied	Neither satisfied nor dissatisfied	Rather dissatisfied	Very dissatisfied	I did not request assistance related to insurance issues
* provided by your sending institution?	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* provided by your receiving institution?	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

\*9.8 Was equal treatment ensured by your receiving institution during your participation in the programme?

- Yes
- No
- Unable to judge

9.10 How would you consider your degree of integration at your receiving institution?

	Very good	Good	Fair	Poor	Very poor	Not applicable
* In the everyday life of your receiving institution	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* With local students	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* With other Erasmus+ / international students	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
* With the local community	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

\*9.11 Did you take part in any volunteering activity while studying abroad with the Erasmus+ Programme?

ECTS - European Credit Transfer and Accumulation System

- Yes, and I received ECTS credits for it
- Yes, but I received no ECTS credits for it
- No

\*9.12 How satisfied were you with the way the receiving institution dealt with any questions, complaints or problems that may have come up during your participation in the programme?

- Very satisfied
- Rather satisfied
- Neither satisfied nor dissatisfied
- Rather dissatisfied
- Very dissatisfied

## 10 Accommodation and Infrastructure

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\*10.1 How satisfied were you with the guidance you received from the receiving institution on how to find accommodation?

- Very satisfied
- Rather satisfied
- Neither satisfied nor dissatisfied
- Rather dissatisfied
- Very dissatisfied
- Not applicable

\*10.2 How satisfied were you with your accommodation?

- Very satisfied

- Rather satisfied
- Neither satisfied nor dissatisfied
- Rather dissatisfied
- Very dissatisfied

10.3 How would you rate the facilities for students at the receiving institution?

	Very good	Good	Fair	Poor	Very poor	Not applicable
Classrooms	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Study rooms, labs or similar	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Libraries	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Access to PCs	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Access to Internet	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cafeteria / canteen	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Access to existing research (publications)	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## 11 Costs

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\* 11.1 Did you receive an Erasmus+ grant from EU funds?

- Yes
- No

\* 11.2 What was the amount of your **monthly** Erasmus+ grant as written in your grant agreement?

*Only values of at most 999 are allowed*

EUR/month

\* 11.3 Did you receive the payments on time, in line with the dates mentioned in your grant agreement?

- Yes
- No

\* 11.5 Did you have other sources of funding?

- Yes
- No

\* 11.8 What was your average cost (accommodation and subsistence) **per month** during your period abroad (EUR)?

*Only values of at most 9999 are allowed*

EUR/month

\* 11.9 To what extent did the Erasmus+ grant (EU funds only) cover your overall expenses related to your mobility period?

- 0-25%
- 26-50%
- 51-75%
- 76-100%

\* 11.10 Would you have gone on the Erasmus+ stay abroad if you had not received an Erasmus+ grant?

- Yes
- Maybe
- No

\* 11.11 Did you have to pay any kind of fees in the receiving institution?

- Yes
- No

\* 11.15 How much did you pay approximately for your travel to and from your receiving institution? Please indicate the price for one return journey.

*Only values of at most 9999 are allowed*

EUR/one return journey

## 12 Conclusions, Comments and Recommendations

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12.1 If you wish, please give any additional information, observations, comments or recommendations that may be useful for students wishing to go abroad, for your sending and receiving higher education institutions, National Agency or the European Commission in view of improving the Erasmus+ student mobility action.

## 13 Publication and Usage Rights of the Information and of the Email Address

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\* 13.1 I'm willing to help future Erasmus+ participants based on my experience. They can contact me at my email address.

- Yes
- No

\* 13.2 I agree that (parts of) this report can be published and made available to the general public.

- Yes, with my name and email address

- Yes, but anonymised (no name and no email address)
- No

\* 13.3 I agree that my email address will be used later to contact me for further studies related to the content of this final report or regarding the Erasmus+ programme and EU issues.

- Yes
- No

\* 13.4 I authorise the European Commission to share my personal data (first and last name, email address) and mobility-related data (the names of my sending and receiving institutions) with the Erasmus+ Student and Alumni Alliance (ESAA – web link: <http://www.esaa-eu.org>) for information on professional, volunteering and networking opportunities with other Erasmus+ students and alumni.

- I agree
- I do not agree

## Contact

[http://ec.europa.eu/programmes/erasmus-plus/contact/national-agencies\\_en](http://ec.europa.eu/programmes/erasmus-plus/contact/national-agencies_en)

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